

Pre-Anesthesia Instructions

- **Eating / Drinking**

Failure to strictly follow these instructions could result in aspiration and may be fatal. For anesthesia, it is of utmost important that patients have any **EMPTY STOMACH (NO EXCEPTIONS)**. Appointment will be canceled if these instructions are not followed and may NOT be rescheduled.

No food of any kind on the day of the appointment.

Water, apple juice, or Gatorade may be taken up to 3 (three) hours prior to the appointment.

Breastmilk should be stopped 6 (six) hours before appointment.

- **Clothing**

Please wear a short sleeve shirt, and refrain from wearing jeans or anything too tight to the body. Children should not wear a onesie or footed pajamas. Loose fitting clothes are highly recommended. Children should bring a blanket. For children who do not wear a diaper or pull up, please be sure to bring an extra set of clothes and go to the restroom with them beforehand. Please do not bring anything valuable or wear any kind of jewelry.

- **Medications**

You may take all medications as prescribed with a small amount of water up until 2 hours prior to the appointment. If any medications are required to be take with food, please take as prescribed up until 6 hours prior to the appointment. For patients with asthma or breathing problems, please use inhaler/nebulizer as prescribed. If you are unsure or have any questions about taking medications prior to your appointment, please call our office to discuss your options.

- **Change in health**

A change in health, especially the development of a cold, productive cough, or fever is **EXTREMELY** important. Please contact your treating dentist for any change in your health within 3 days of your appointment.

It is important that you arrange for two adults to be present with patient in the building until discharge. Patient may NOT be dropped off for appointment and picked up later.